

November 21, 2014

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To whom it my concern,

I just wanted to write to tell you of my wonderful experience going through your therapy here at "Georgia Aquatic Center" here in Watkinsville, GA.

On October 3, 2013 I had my 14th knee surgery. A total knee replacement of my right knee. After my therapy at another clinic everything went great. However, two weeks after surgery I developed "Sciatic" nerve pain in my left leg. I had been told I needed back surgery 10 years earlier but, put it off as long as I could.

So, on December 19, 2013 I had L5-S1 mechanical fusion surgery. When I awoke from surgery, I was in excruciating pain all down my left leg and my left foot and ankle felt like I had a rubber band around them. It took 4 days to convince them to do a CT scan, at which time they found that a screw was pressing on a nerve in my back.

On December 26, 2013 I was back in surgery. After wards the pain was better but my foot and ankle were still numb. I went back to physical therapy and had a difficult time. Some days I could do the exercises and some days I couldn't. As soon as I was able to get back to work my physical therapy session was over with. The therapist and the surgeon both recommended I

get in a pool to get some exercise. So, I checked out the web page for "Georgia Aquatic Center" and saw your icon at the bottom of the page. I called my doctor and asked him to write me a "script" for Aquatic Therapy and he called and set the whole thing in motion.

On September 23, 2014 I met with Jennifer Jones who did an assessment of my condition and recommended I come in twice a week. Jennifer was extremely accommodating, working around my schedule. After my first session I was so tired I was worried about driving home and I was thinking "I really hadn't done too much, Why am I so tired?". Then it dawned on me, the reason I thought I hadn't done too much was Jennifer was in the pool exercising along with me, keeping me distracted from how hard I was working with her pleasant conversation and always with a warm smile on her face!

Jennifer Jones is very professional and also very personable, which is an extremely rare quality these days. I looked forward to my sessions and now that I have graduated I am going to miss it. My walking and strength have improved tremendously. I owe it all to your company and especially Jennifer with out whom I would probably got fed up and quit, Thank you Jennifer for not letting me.

Jim Ingram

Watkinsville, GA